



# *High-density training systems*

*G. Charlot, Ctifl - S. Pinczon du Sel, La Tapy*

**Cherry COST Action FA 1104**  
*Training school « Rootstocks and training systems »*

# Which system to choose ?

- **Technical and financial risks**
  - Size of investment
  - New techniques
- **Reliable high quality cherry production**
  - Cracking
  - Pests (*Rhagoletis cerasi*, *Drosophila suzukii*, wasps...)
  - Marks due to wind
  - Hail
- **Reducing harvest and pruning labor**
  - Limit the development of the trees (height, width)
  - Partial or total mechanical pruning (thinning)
- **Reducing chemical inputs**
- **Choosing varieties and rootstocks**
  - New varieties available
  - New rootstocks available
- **No universal training system**

# ***Training systems***

- **Fruiting wall**
- **Axis**
- **Biaxis, triaxis, palmette**
- **U.F.O.**

*All these training systems require trellising (3 to 5 wires)*

# *Fruiting wall*

- *The cherry fruiting wall is based on the apple orchard management concept developed by two colleagues of mine, A. Masseron & L Roche*

## ***Objectives***

- Reducing labor by mechanising pruning and making the harvest easier
- Easy to protect from rainfall and pests

## ***First trial in 2001***

- *8 varieties with very different growth habit and productivty*
  - *Ferdouce, Ferrovia, Kordia, Regina, Fertard, ...*
- *Rootstock : Tabel® Edabriz (dwarfing)*
- *Shape of the trees : axis*
- *Distances between trees : 1,5 m*
- *Height of the wall : 2,2 m*

# Fruiting wall

## ■ **Mechanical shoot tipping**

- *First mechanical shoot tipping in the 3rd year*
- *Tipping when the new shoots have 12 leaves*
  - *All the lateral branches were kept including those perpendicular to the row*
  - *40-50 cm from the trunk on both sides of the row*
  - *2.2 m from the ground*

## **Lessons learned from this first trial**

- *Remove the lateral branches perpendicular to the row*
  - *Shade and difficulties to replace the fruiting branches*
- *Hand prune the branches never pruned by the machine (parallel to the row)*
- *Choice of varieties and rootstocks depends on soil, area, shape of the tree : productive to very productive one*
- *Adapt time of mechanical pruning depends on annual growth*

# *Fruiting wall*



*Regina/Tabel ; 1.50 m between the trees, 2.2 m height, harvest without ladder*



# Fruiting wall

## ***Trials in progress***

### **1- Plantation 2005 at La Tapy**

- Variety : Folfer
- Rootstocks : Tabel® and Maxma 14
- Shape : axis
- Spacing (Tabel® ; Maxma 14)
  - Between the trees : 1.25 m ; 1.5 m
  - Between the rows : 3.0 m ; 3.5
  - Density (trees/ha) : 2667 ; 1905
  - Height of the wall : 2.8 m ; 3.3 m
  - Time of mechanical pruning : up to 10<sup>th</sup> leave : in may
  - Soil : fertile
- Vegetative growth
  - Tabel® : good up to 10<sup>th</sup> leaf, too low now
    - Mechanical pruning : if necessary at the end of winter, never happen during growth
  - Maxma 14 : too vigorous
    - Scoring on the trunks
    - Lower irrigation
    - Nitrogen : none as long as necessary

# ***Fruiting wall***

## ***Trials in progress***

### ***2 - Plantation 2009 at Ctifl***

- *Varieties : Bellise® Bedel, Folfer*
- *Rootstock : Gisela 6*
- *Shape : Bi & triaxis*
- *Spacing*
  - *Between the trees : 2.5 m*
  - *Between the rows : 3.5 m*
  - *Density : 1142 trees/ha*
  - *Height of the wall : 2.70 m*
  - *Time of mechanical pruning : end of winter*
  - *Soil very poor, so medium to poor vegetative growth*



# ***Fruiting wall***

## ***Trials in progress***

### ***3 - Plantation 2012 at La Tapy***

- *Varieties : Regina*
- *Rootstock : Gisela 6*
- *Shape : Biaxis*
- *Spacing*
  - *Between the trees : 1.5 m*
  - *Between the rows : 4 m*
  - *Density : 1666 trees/ha*
  - *Height of the wall : 3.0 m*
  - *Time of mechanical pruning : end of winter*
  - *Soil : fertile, good vegetative growth*

# **Fruiting wall**

## ***Trials in progress***

### **4 - Plantation 2012 at Ctifl**

- *Varieties : Bellise® Bedel, Folfer*
  - *Rootstocks : Gisela 6 & Weiroot 158*
  - *Spacing*
    - *Between the trees :*
      - *Weiroot 158 : 2.0 m*
      - *Gisela 6 : 2.5 m*
    - *Between the rows : 3.7 m*
    - *Density : 1081 (Gi 6 ) & 1351 (W 158) trees/ha*
  - *Height of the wall : 3,0 m*
  - *Time of mechanical pruning :*
    - *Up to now : end of winter*
    - *Following years : may be during vegetative growth*
- If the growth becomes too strong*

# ***Fruiting wall***



*Coup'éco machine*



*Bellise® Bedel/ Gisela 6, 5<sup>th</sup> leaf*

## ***Results***

### ***■ Yield***

- *2<sup>nd</sup> leave : first fruit*
- *3rd leave : 1 t/ha*
- *4th leave : 6 t/ha*
- *5th leave : 10 t/ha*
- *6th and following years (expected results) : full production, 15 t/ ha or more depend on varieties, roostocks and height of the wall*

### ***■ Size of the fruit***

- *80% to 90% > 26 mm, depend on the variety*

# ***Fruiting wall***

## ***Objectives***

- Reducing labor by mechanising pruning and making the harvest easier
- Easy to protect from rainfall and pests

## ***Shape of the trees***

- Axis, biaxis, palmette

## ***Pruning***

- Mechanical pruning after the 3rd leaf
  - Always at 40-50 cm from the trunk
  - Time of mechanical pruning depends on the vigor and growth of the trees
  - Length of time : 6 to 8 h/ha/year
- Additionnal winter pruning
  - Allow the light to penetrate the wall
  - Renew the fruiting branches
  - Length of time : 20 à 50 h/ha/year



# *Fruiting wall*

## *Important factors*

### **Choice of varieties**

- Varieties, regularly productive & very productive
- **Good results with**
  - Bellise® (maturity 4-6 days after Burlat)
  - Ferdouce (maturity 10 days after Burlat)
  - Folfer (maturity 8-10 days after Burlat) depend on the area (chilling requirement)
  - Rubin (maturity 27-30 days after Burlat)
  - Regina well-pollinated (maturity 28-32 days after Burlat)
- **Medium results with**
  - Kordia
  - Ferrovia
- **Bad results** with varieties with medium productivity or no regular yield
  - Since 2007, on the plains in the South-East of France we have to pay attention to the chilling requirement

# Fruiting wall

## Choice of the rootstocks

- *Productive and very productive*
- *Dependant on*
  - *Soil fertility*
  - *Vigor of the variety*
  - *Shape of the trees : axis, biaxis, palmette*
  - *Currently - best results with*
    - *Tabel® Edabriz on very fertile soils*
    - *Gisela 6, Weirroot 158 on fertile soils*
    - *Maxma 14 on medium soils*
  - *Other rootstocks (not yet tested with fruiting wall)*
    - *Gisela 5 on very fertile soils and in northern areas*
    - *Piku 1 on fertile soils*
    - *PHL-A on medium soils*
    - *Gisela 12*

# ***Fruiting wall***

## ***Mechanical pruning & annual growth***

- ***If adequate or too much** : mechanical pruning during growth before harvest*
- ***If insufficient** : mechanical pruning at the end of winter*

# Axis, biaxis, palmette

▪ *The choice between these different systems will depend on the expected development of the soil/cultivar/rootstock combination. The greater the vigor, the more axes are needed to divide the growth and limit the development of the trees as far as height and width are concerned.*

- Earlier full bearing
- Reduce labor time
- New varieties available
- New rootstocks available
- Protect the trees from rain and insects



# Axis

***Axis is not a new training system but over the last 7 years we have significantly reduced the width of the trees.***

## ***Rootstocks***

### ***Only dwarfing rootstocks***

- ***Gisela 3*** (very good soils in northern areas -Belgium, Germany, west of France - not effective in South-East of France)
- ***Gisela 5*** (good soils in northern areas - Belgium, Germany, west of France - not effective in South East of France)
- ***Tabel® Edabriz*** : very good soils, be careful of aphid attacks
- ***Piku 1*** : it seems to be a good rootstock for numerous kind of soils and areas

# Axis

## *Appropriate varieties*

- **Growth habit**

- *semi-spreading, spreading, willowy*
- *Avoid upright habit (Burlat, Rainier, Lapins)*

- **Ramification**

- Intensity : good
- Crotch angle : wide

- **Axis** : *select varieties with spreading habit with a good ramification and wide crotch angle (Regina, Rubin, Ferdiva, Ferdouce), avoid varieties with upright growth and poor ramification (Summit, Satin®, Rainier, Lapins, ...) to improve the ramification it may be possible to spray plant growth regulator like promalin (if this product is authorized).*

# Axis

- *No pruning at plantation*
- *First year*
  - *Promote the growth of the axis*
    - *During vegetative growth, remove the new branches regularly*
  - *Scoring*
    - *In January or February impose bud activation to stimulate lateral shoot formation by scoring the well-positionned buds (avoid those which are perpendicular to the row).*
- *Second year*
  - *Promote the growth of the axis*
    - *Remove all the branches 15 cm below the axis*
    - *Remove the branches perpendicular to the row*
    - *One branch every 20 cm*
    - *If necessary (it depends on the varieties) promote wide branch angles by spreading or tieing down.*
  - *Scoring*
    - *In January or in February, carry out the same scoring as the previous year on the new portion of the leader*

# Axis

- *Third year*
  - *Same pruning as in 2<sup>nd</sup> year*
  - *Beginning of bearing on axis spurs and at the base of previous season shoots (2 to 4 t/ha)*
- *Forth year*
  - *The yield starts to reach a good level (10 to 15 t/ha)*
  - *Head back the leader to a weak lateral shoot at the height you want to stop the growth (if the trees are protected from rain, the height is usually between 3 m and 3.5 m)*
  - *0.9 m above the ground we have 1 lateral branch every 15-20 cm, that's to say 10 to 13 lateral branches per tree.*
- *Subsequent growing seasons*
  - *Full bearing between 15 and 20 t/ha*
  - *Remove the most vigorous fruiting branches after 2-3 years of bearing*
  - *With very productive rootstocks and varieties it's advised to remove 20% to 40% of every new shoot each year*

# Axis

## ***Important points to take into account***

### **•Maintain moderate growth**

- *Rootstocks : dwarfing*
  - *Gisela 3, Gisela 5, Tabel®, Piku 1, Krymsk 6 ?*

### **•Branching**

- *Varieties*
  - *Growth habit : semi-spreading, spreading, willowy*
  - *Avoid upright habit (Burlat, Rainier, Lapins)*
  - *Good branching and wide angles*
- *Scoring in January/February (years 2,3 and sometime 4) above buds not perpendicular to the row*
  - *Remove branches perpendicular to the row*
  - *Remove lateral branches when its diameter is more than 50% of the leader's.*

# Axis



*Plantation*



*Early 2<sup>nd</sup> leaf*



*End 3<sup>rd</sup> leaf*



*End 5<sup>th</sup> leaf*





## ***Trials in progress***

### **1 – Plantation 2012 at Balandran**

- *Varieties*
  - *Regina*
  - *Balrine*
- *Rootstocks*
  - *Tabel®*
  - *Piku 1*
  - *Weiroot 158*
- *Spacing*
  - *Between the trees : 1.5 m*
  - *Between the rows : 4 m*
  - *Density : 1666 trees/ ha*

### **2 – Plantation 2012 at La Tapy**

- *Variety : Regina*
- *Rootstock : Gisela 6*
- *Spacing*
  - *Between the trees : 1.5 m*
  - *Between the rows : 4 m*
  - *Density : 1666 trees/ ha*

# ***Biaxis & palmette***

## ***Aims***

- Using 2 or more axis divides the vigor of vigorous semi-dwarfing rootstocks and limits the development of the trees (height, width)
- The greater the vigor, the more axes are needed

## ***Spacing***

- Between rows: 3.50 m - 4 m
- Between trees
  - Biaxis : 2 m-2.50 m
  - Palmette : 3 m - 3.50 m



# Biaxis & palmette

*Compared to the axis, these training systems allow the vigor of the lateral branches to be controlled, especially with varieties with upright and semi-spreading growth habit or with poor branching and narrow crotch angle (Burlat, Summit, Rainier, Lapins).*

*Training and pruning : close to axis*

## Points to pay attention to :

- *Axis - well balanced*
  - *If not : most vigorous one must be put at an angle and less vigorous one must be tied vertically*
  - *Wire: use twisted wire*



# ***Biaxis & palmette***



*Same variety : left : 3 axis, right : one axis*



*Early 2<sup>nd</sup> leaf*



*End 4<sup>th</sup> leaf  
(height : 2.90 m)*



*Palmette/Maxma 14 end  
6<sup>th</sup> leaf*

# ***Biaxis & palmette***

## ***Ctfl***

- Evaluation of new varieties
  - Training system routinely used since 2009
    - Varieties : 40 red and blush
    - Rootstocks : Gisela 6, Weirroot 158, Maxma 14

## ***La Tapy***

- *Trial planted in 2012*
- *Variety : Regina*
- *Rootstock : Gisela 6*

## *Why ?*

- Easy to protect from rain and insects
- Easy pruning

Training system develops by Matthew Whiting (USA)

## *Trial*

- One planted in 2014 at Ctifl
  - 15 varieties : Burlat, Early Star, Folfer, Ferdouce, Samba®, Satin®, Summit, Rainier, Van, Kordia, Belge, Skeena, Rubin, Ferdiva, Regina.
  - Rootstock : Maxma 14
  - Trees planted to a 30-degree angle
  - Spacing
    - Between rows : 3.5 m
    - Between trees : 2 m
    - Density : 1428 trees/ ha

## ***Pruning 1<sup>st</sup> year***

- *Rub off all buds on the basal part of scion (at plantation)*
- *Remove lateral shoots*
- *Tieing down the axis on the lowest wire (30 cm above ground when the axis growth is at least 10-15 cm long.*
- *Tie upshoots on the treillis wire*



*Basal buds didn't removed at plantation : side shoots at the end of 1<sup>st</sup> year*

*Skeena/ Maxma 14 : before 2<sup>nd</sup> leaf*

## ***Pruning 2<sup>nd</sup> year***

- *Impose bud activation techniques to stimulate vertical shoot formation*
  - *Removal of fruit buds on the spurs (at Balandran)*
- *Remove too vigorous upright shoots*
- *Objective : a vertical shoots every 15 cm (7 to 10 per tree)*





*Planted at a 30-degree angle*



*Early 2<sup>d</sup> leaf*



*Belge/ Maxma14, 2<sup>nd</sup> leaf, 15 June 2015*